DAFTAR PUSTAKA

Akbar, A., Ikhwani, Y., & Amelia Sofya, B. (2022). Hubungan Kesegaran Jasmani dalam Partisipasi Berolahraga SMA Negeri 1 Susoh Kabupaten Aceh Barat Daya. *Jurnal Edukasi El-Ibtidài Sophia*, *01*(02), 50.

Alahmari, K. A., Rengaramanujam, K., Reddy, R. S., Samuel, P. S., Kakaraparthi, V. N., Ahmad, I., & Tedla, J. S. (2020). Cardiorespiratory Fitness as a Correlate of Cardiovascular, Anthropometric, and Physical Risk Factors: Using the Ruffier Test as a Template. *Canadian Respiratory Journal*, *2020*. https://doi.org/10.1155/2020/3407345

Astuti, M. E., Sinrang, W., & Santoso, A. (2020). Korelasi Antara Program Latihan terhadap Fungsi Paru dan Prestasi Lari pada Atlet Lari Maraton Usia Dewasa Muda. *Jurnal Ilmu Keolahragaan*, *19*(1), 84–88.

Barreiro, T. J. (2004). An Approach to Interpreting Spirometry. *American Family Physician*, *69*(5), 1107–1114. www.aafp.org/afp.

Buku Pedoman tentang Tes Kesegaran Jasmani Prajurit dan Calon Prajurit. (2019).

Butterworth IV, J. F., Mackey, D., & Wasnick, J. (2018). *Morgan & Mikhail's Clinical Anesthesiology* (6e ed.). McGraw Hill.

Dahlan, S. (2021). *Statistik untuk Kedokteran dan Kesehatan: Deskriptif, Bivariat, dan Multivariat* (S. Dahlan, Ed.; 11th ed.). Buku Statistik Sopiyudin.

Dhiaulhaq, Z. I. (2023). *Gambaran Fungsi Paru pada Mahasiswa dan Relawan Laboratorium dengan dan Tanpa Riwayat di Fakultas Kedokteran Universitas Andalas Tahun 2021* [Skripsi]. Universitas Andalas.

Fani Pratiwi, A., Wahyu Jatmiko, S., Hernawan, B., Wahyu Basuki, S., Fakultas Kedokteran, M., Muhammadiyah Surakarta, U., & Kunci, K. (2021). *The Relationship of Age and Smoking to The Forced Vital Capacity (FVC) Value in Patients with COPD Stable at BBKPM Surakarta*.

Gestia Septiana, F., Hernawan, B., Aisyah, R., Wahyu Basuki, S., & Wahyu Basuki Alamat, S. (2021). *The Influence Of Body Mass Index And Sex Types Of Forced Expiratory Volume in 1 second / Forced Vital Capacity (FEV1/FVC) In Copd Patients*.

Hammoudi, A. D. (2023). Effect of Cigarette Smoking on Lung Capacity of Active-, Previous-, and Non-Smoker Students. *GMJ Medicine*, *3*(2), 43–46. https://doi.org/10.58209/gmjm.3.2.43

Hardani, H., ustiawaty, jumari, Andriani, H., istiqomah, ria, Sukmana, D., Fardani, R., auliya, nur, & Utami, E. (2020). *Buku Metode Penelitian Kualitatif & Kuantitatif*.

Hasyim, H., & Jusran, S. (2022). Tingkat Kesegaran Jasmani Mahasiswa Prodi Penjaskesrek STKIP Paris Barantai. *Cendekia: Jurnal Ilmiah Pendidikan* . https://doi.org/10.33659/cip.v10i2.249

Jaleel, I., & Mahila, S. (2022). Variation Of Fev1 Andfvc With Body Mass Index In Healthy Individuals. *Journal of Pharmaceutical Negative Results*, 612–616. https://doi.org/10.47750/pnr.2022.13.s09.68

Kurnia, M., & Wara Kushartanti, B. M. (2013). *The Effect of Fartlek Exercise with Treadmill and Running on Respiratory Endurance* (Vol. 1, Issue 1).

Latifah, N. N., Margawati, A., & Rahadiyanti, A. (2019). Hubungan Komposisi Tubuh dengan Kesegaran Jasmani pada Atlet Hockey. *Jurnal Keolahragaan*, *7*(2). https://doi.org/10.21831/jk.v7i2.28085

Litanto, A. (2021). Kekambuhan asma pada perempuan dan berbagai faktor yang memengaruhinya: sebuah tinjauan. *Jurnal Biomedika Dan Kesehatan*, *4*(2). https://doi.org/10.18051/JBiomedKes.2021

Lu, T.-W., Fusco, A., Mei, Q., Apte, S., Troxler, S., Besson, C., Gremeaux, V., & Aminian, K. (2022). Augmented Cooper test: Biomechanical contributions to endurance performance. *Frontiers in Sports and Active Living*, *4*.

Mackała, K., Kurzaj, M., Okrzymowska, P., Stodółka, J., Coh, M., & Rożek-Piechura, K. (2020). The effect of respiratory muscle training on the pulmonary function, lung ventilation, and endurance performance of young soccer players. *International Journal of Environmental Research and Public Health*, *17*(1). https://doi.org/10.3390/ijerph17010234

Paramita, D. A., Wardihan, A. W., & Santoso, A. (2020). Correlation Between Exercise Program With Lung Function And Achievements In Young Adult Swimmer. *Jp.Jok (Jurnal Pendidikan Jasmani, Olahraga Dan Kesehatan)*, *3*(2), 201–212. https://doi.org/10.33503/jp.jok.v3i2.757

Putra, F. M. (2020). Hubungan Persen Lemak Tubuh dengan Fungsi Paru pada Mahasiswa Kedokteran Universitas Jenderal Soedirman [Skripsi Thesis]. In *Skripsi Thesis*. Universitas Jendral Soedirman.

Rahayu Wulandari, D., Pramono, D., Budi Himawan, A., Wahyu Nugroho, T., Ilmu Kesehatan Masyarakat dan Kedokteran Pencegahan, B., & Kedokteran, F. (2020). Gambaran Kapasitas Fungsi Paru pada Masyarakat di Sekitar Pembangkit Listrik Tenaga Uap (PLTU) Kabupaten Jepara. *Diponegoro Medical Journal*. http://ejournal3.undip.ac.id/index.php/medico

Sherwood, L. (2012). Human Physiology: From Cells to Systems. *10 Davis Drive, Belmont, CA 94002-3098*.

Suiraoka, I. P., Budiani, N. N., & Sarihati, I. G. A. D. (2019). *Metodologi penelitian kuantitatif bidang kesehatan*. Pustaka Panasea.

Temme, L. A., Still, D. L., & Acromite, M. T. (2010). Hypoxia and Flight Performance of Military Instructor Pilots in a Flight Simulator. *Aviation, Space, and Environmental Medicine*, *81*(7), 654–659. https://doi.org/10.3357/ASEM.2690.2010

Tortora, G. J., & Derrickson, B. (2021). *Principles of anatomy & physiology* (16th ed.). Wiley.

Triki, L., & Ben Saad, H. (2021). The impacts of parity on spirometric parameters: a systematic review. *In Expert Review of Respiratory Medicine* (Vol. 15, Issue 9, pp. 1169–1185). Taylor and Francis Ltd. https://doi.org/10.1080/17476348.2021.1935246